

LOCAL NOURISHING FOOD SOURCES – COLORADO SPRINGS

***This information is accurate to the best of our knowledge, but it is your responsibility to verify any information. We welcome additions and corrections. – Carol Aleson and Maria Kretchman (Weston A Price Chapter leaders)**

RAW MILK

*Raw milk may not be bought nor sold in the state of Colorado. The only way to obtain it is to purchase a herd share. The terms of this agreement vary with each farmer, so it is necessary to contact them and make sure you fully understand it before committing. Please also verify with your farmer their testing, feeding, and milk handling procedures.

* A farmer's milk supply may vary.

RAW COW MILK

Cloud 9 Farms - www.cloud9farms.com <https://www.facebook.com/pages/Cloud-9-Farms/785187241536162>

Contact Abi or Kelly Criswell @ 719-505-9574 or cloud9farms@gmail.com

Raw milk cow shares from cows rotationally grazed on irrigated pasture. 100% Grass fed. Our cows graze on green/living grass from late April – early December. Hay fed during the winter. Milk samples tested monthly by CSU Vet Lab in Ft. Collins. Milk delivered to Colorado Springs and Canon City. On farm pickup is also available. Pastured organic soy/corn-free chicken eggs. Free ranged turkeys (no corn/soy). 100% Grass fed and finished lamb. Pasture grazed, grass finished pork. We are a pasture-based farm. No animals kept in perpetual confinement. Animal Welfare Approved farm. Farm tours are encouraged! Updated 8/2016

Ebert Farms www.ebertfarms.com

Contact Kres or Julie Ebert at milkers@ebertfarms.com. 100% grass-fed raw milk through cow share program; pastured pork by whole or half; 100% grass-fed beef by quarter, half, or whole; organic soy-free, free-range whole chickens; other products on occasion.

Jersey Girls Farm www.jerseygirlsmilkshares.com

Raw cow milk shares delivered to the Springs (milk cows are fed some sprouted barley and spent beer barley but otherwise grass-fed). Pastured organic (non corn/soy) eggs, (chickens are also given organic apple cider vinegar in their water, organic fruits/veggies, raw milk from their cows and goats and organic corn/soy free feed.) Heritage beef and heritage pork. Updated 9/2016

Hi Plains Dairy www.HiPlainsDairy.com

Contact Jim Smith at 719-499-7273 or highplainsdairy@elpasotel.net

Raw milk through cow share program or raw goat milk through goat share program (milk cows are fed grain at milking time, but otherwise grass-fed) A2A2 milk option; pastured eggs. Pick up at Ranch Foods Direct or off of Powers. Updated 9/2016

Larga Vista Ranch www.largavistaranch.com

Contact Doug or Kim Wiley at 719-947-0982 or info@largavistaranch.com. 100% grass-fed raw milk through cow shares, cows are on green pasture nine months out of the year; pastured free-range pork and lard; grass-fed beef; sausages and hams; meat CSA; pastured soy-free eggs; organic produce in season.

Pure Foods Colorado www.purefoodscolorado.com

Contact Brian and Katelynn Hall at 719-930-2627 or info@purefoodscolorado.com. 100% grass fed A2A2 raw milk shares, organic non-gmo fed raw goat milk shares. Pastured, grass finished beef. Organic, non-GMO, Corn, and Soy free chicken feed. Updated 9/2016

Prairie Haven Farm

Contact Dawn Shelstad at 719-683-7683 or dshelstad@gmail.com. 100% grassfed (A2/A2) raw milk from Heritage Jersey Cows through cowshare program. We utilize beyond organic methods and rotational grazing on our pastures. Pick up sites in Colorado Springs. Farm visits welcome by appointment. Certified Animal Welfare Approved Farm. Fermented sauerkraut/countertop fermenting crocks (locally made). Updated 9/2016

RAW GOAT MILK

Country Fresh Farms msmith@countryfreshfarmsllc.com

Contact Mark and Michelle Smith at 720-318-2784. Raw goats milk, (grain free). Pasture raised chickens for eggs and meat, (organic grains, no corn, soy or GMO). Cabrito (young goat meat) and Grass fed beef. Livestock are fed hydroponically sprouted barley as a live source of greens year around.

Dream Acres Ranch www.dreamacres.biz

contact Suzanne and Dwight at 720-234-2330 or dreamacresranch@me.com for raw goat herd shares, fresh free range eggs when available, and raw local honey.

Hi Plains Dairy www.HiPlainsDairy.com

Contact Jim Smith at 719-499-7273 or highplainsdairy@elpasotel.net

Raw milk through cow share program or raw goat milk through goat share program (milk cows are fed grain at milking time, but otherwise grass-fed) A2A2 milk option; pastured eggs. Pick up at Ranch Foods Direct or off of Powers. Updated 9/2016

Mountain View Meadows Farm www.mountainviewmeadowsfarm.com

Contact Barb McKillip at 303-961-1946. They offer raw goat milk shares and pastured eggs. Visits to the farm are welcome with some advanced warning.

Pure Foods Colorado www.purefoodscolorado.com

Contact Brian and Katelynne Hall at 719-930-2627 or info@purefoodscolorado.com. 100% grass fed (A2A2) raw milk shares, organic non-gmo fed raw goat milk shares. Pastured, grass finished beef. Organic, non-GMO, Corn, and Soy free chicken feed. Updated 9/2016

Sarah's Dairy

Contact Sarah Hamilton at sareginah@gmail.com or 719-671-4273
Produces raw goat's milk herd shares. The goats are raised without the use of antibiotics and are on pasture full time. They are fed a mixture of GMO-free alfalfa, barley, oats, wheat, and corn that is all grown on Venetucci Farm without the use of pesticides or fertilizers

Wheeler Farm www.wheelerfarm.net, Facebook page @WheelerFarmCO

Contact Jerome or Ann Wheeler 719-640-7730 or info@wheelerfarm.net
Beyond organic practices. We offer heritage breed pork, lamb, Freedom Ranger broiler chickens, , heritage breed turkey, raw goat's milk shares, pastured soy free eggs, lard and produce. Lambs receive pasture only; goats receive pasture (5-6 months of the year) and hay plus the organic supplemental feed at milking time. Other animals' diet include grass/hay/fodder/farm veggies/raw goat milk/and supplemental feed which is certified organic, non GMO from either Thayer Feed or Modesto Milling. We are located in Penrose, CO. We sell at the Colorado Farm and Art Markets and we deliver to Colorado Springs weekly. Updated 9/2016

RAW MILK- OTHER

Mudita Camel Dairy <http://muditacamels.com/>

or <https://www.facebook.com/pages/Mudita-Camels/254151534749465>

Contact at muditacamels@gmail.com or 303-550-1482

MCD is a Private Membership Association offering Raw Camel's Milk & Kefir, Camel's Milk Soaps and Camel's Milk Chocolates. We are not certified organic but we feed all organic and don't use antibiotics or hormones. We are available Monday through Wednesday From 8am-5pm Mt time.

POULTRY & EGGS FROM PASTURED CHICKENS

Ahavah Farms <http://www.avahfarm.com>

Contact 719-233-7828 or ahavahfarm@yahoo.com or shop online. Products include: beyond organic chicken eggs, duck eggs, produce (CSA), alpaca wool, honey, and garden tea fertilizer spray.

AVOG (Arkansas Valley Organic Growers) www.headwatersgrowers.coop

visit farmbeet.com. offer CSA and buying club options.

Cloud 9 Farms - www.cloud9farms.com <https://www.facebook.com/pages/Cloud-9-Farms/785187241536162>

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Country Fresh Farms msmith@countryfreshfarmsllc.com

Contact Mark and Michelle Smith at 720-318-2784. Raw goats milk, (grain free). Pasture raised chickens for eggs and meat, (organic grains, no corn, soy or GMO). Cabrito (young goat meat) and Grass fed beef. Livestock are fed hydroponically sprouted barley as a live source of greens year around.

Corner Post Meats www.cornerpostmeats.com

303-898-0642. Grass Finished beef, sausage, grass finished lamb, pasture raised poultry, pasture raised pork, pasture raised eggs; meat CSA. Note: you can find their meats in restaurants such as: The Blue Star, Nosh, La'au's Tacos, Till, Bristol Brewery, Meat Locker, Principal's Office, and Old School Bakery

Ebert Farms www.ebertfarms.com

Contact Kres or Julie Ebert at milkers@ebertfarms.com. 100% grass-fed raw milk through cow share program; pastured pork by whole or half; 100% grass-fed beef by quarter, half, or whole; organic soy-free, free-range whole chickens; other products on occasion.

Farm2Table Colorado www.farm2tablecolorado.com

Contact Teresa Fischer at 303-648-3001 or buffburger@gmail.com. Grass-finished buffalo and beef; pastured pork (soy free). Grass-fed buffalo (hope to have some this fall). Grass-fed beef. laying hens are raised on pasture and fed organic sprouted grains. Hogs raised on pasture and fed organic sprouted grains as well. Everything is GMO free.

Frost Livestock Company www.frost-livestock.com

Contact Brandt Dietz at 661-400-5876 Pastured soy-free eggs; 100% grass-fed/finished, no hormones/antibiotics, lamb and beef; produce (wide variety chemical-free produce).

Updated 9/2016

Greenhorn Acres www.greenhornacres.com

Contact at 719-263-4494 or info@greenhornacres.com. Soy-free eggs sold at Ranch Food Direct.

Gusty Ridge Ranch <http://www.gustyridgeranch.com/>

Contact (719) 347-1581 or gustyridgeranch@gmail.com for 100% Grass-fed yak and lamb meat, and pasture-raised eggs. Updated 8/2016

Heritage Belle Farms www.HeritageBelleFarms.com

www.facebook.com/HeritageBelleFarms

Contact Katie Belle Miller at 970-310-0852 or HeritageBellefarms@gmail.com. Heritage Belle Farms is a Holistically Managed Farm and Ranch that provides Pastured, grassfed/grass finished heritage Certified Texas Longhorn beef, Navajo Churro lamb and bison. Pastured/free-range heritage pork and eggs. Organically-raised Aquaponic Tilapia and Navajo Churro wool.

High altitude organics www.highaltitudeorganics.com

Grass fed beef, lamb, goat. Corn and soy-free pork, whole and cut chickens, whole and cut turkey. Chicken and duck eggs when available. Non-gmo chicken and duck eggs when available.

Hi Plains Dairy www.HiPlainsDairy.com

Contact Jim Smith at 719-499-7273 or highplainsdairy@elpasotel.net

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Raw cow milk shares delivered to the Springs (milk cows are fed some sprouted barley and spent beer barley but otherwise grass-fed). Pastured organic (non corn/soy) eggs, (chickens are also given organic apple cider vinegar in their water, organic fruits/veggies, raw milk from their cows and goats and organic corn/soy free feed.) Heritage beef and heritage pork. Updated 9/2016

Kamholz Eggs lievekamholz@yahoo.com

The chickens are raised on organic feed; corn and soy free, from Modesto, CA. Also, they are pastured, and get hay during the dry months, and organic kitchen scraps and scratch. Eggs are \$7/dozen to Colorado Springs...no extra charge for delivery in to the southern parts of the city or to meetings. We might be driving up to the Springs every week or every other week...during which we might be able to drop off our eggs.

Larga Vista Ranch www.largavistaranch.com

Contact Doug or Kim Wiley at 719-947-0982 or info@largavistaranch.com. 100% grass-fed raw milk through cow shares, cows are on green pasture nine months out of the year; pastured

free-range pork and lard; grass-fed beef; sausages and hams; meat CSA; pastured soy-free eggs; organic produce in season.

Little Roman Farm www.littleromanfarm.com

Contact farmer@littleromanfarm.com or 541-829-1483. Meat: turkeys, chickens, quail, and lamb (limited to ½'s and wholes) *Finnsheep wool available seasonally. Eggs: chicken eggs, duck eggs, and quail eggs. Beyond organic produce plus produce CSA. Resell organic non-soy GMO free chicken feed. Located in Fountain, CO *update 8/2016

Majestic Moon Ranch www.majesticmoonranch.org

303-903-7487. Organic, free range, hormone and antibiotic-free eggs. Fresh organic seasonal produce. Located in Franktown, CO (but sometimes comes to Castle Rock).

Miele Farms www.mielefarms.com

Located in Calhan; 100% grass fed beef and lamb; pasture raised pork; pasture raised, soy-free chicken and eggs. Updated 9/2016

Mountain Acres

Contact Travis or Janelle Veldkamp at 720-443-3447 or travis@mountainacresfarm.com. Soy-free pastured eggs.

Mountain View Meadows Farm www.mountainviewmeadowsfarm.com

Contact Barb McKillip at 303-961-1946. They offer raw goat milk shares and pastured eggs. Visits to the farm are welcome with some advanced warning.

Shadow Wings Ranch & Farm <http://www.shadowwingsranch.com>

Contact shadowwingsranch@gmail.com or call at 406-314-8685. Rabbit meat and free range eggs. Both poultry and rabbits are fed a diet of 100% organic feed, non gmo sprouted barley fodder and organic produce.

Sweet Violets www.sweetvioletsfarm.com

Contact Chris or Edie Veronin at 719-592-1116 or sweetvioletsfarm@gmail.com. Pastured eggs; local honey.

Trail's End Ranch

Contact Mark and Joan Biddison at quiverful7@aol.com or 210-441-8326. Pasture-raised, hormone-free chicken and duck eggs. (diet of Manna Pro Crumbles feed and fresh vegetables.) Can deliver eggs to the Monument & Northern Colorado Springs Azure Standard drop off location.

Wheeler Farm www.wheelerfarm.net, Facebook page @WheelerFarmCO

Contact Jerome or Ann Wheeler 719-640-7730 or info@wheelerfarm.net
Beyond organic practices. We offer heritage breed pork, lamb, Freedom Ranger broiler chickens, , heritage breed turkey, raw goat's milk shares, pastured soy free eggs, lard and

produce. Lambs receive pasture only; goats receive pasture (5-6 months of the year) and hay plus the organic supplemental feed at milking time. Other animals' diet include grass/hay/fodder/farm veggies/raw goat milk/and supplemental feed which is certified organic, non GMO from either Thayer Feed or Modesto Milling. We are located in Penrose, CO. We sell at the Colorado Farm and Art Markets and we deliver to Colorado Springs weekly. Updated 9/2016

PASTURE-BASED MEAT

Anderson Meat Co. matt@andersonmeat.com

Black Forest Bison Co. www.blackforestbison.com

Grass-finished buffalo. Retail store at 1234 East Woodmen Road.

Cloud 9 Farms - www.cloud9farms.com <https://www.facebook.com/pages/Cloud-9-Farms/785187241536162>

Contact Abi or Kelly Criswell @ 719-505-9574 or cloud9farms@gmail.com

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303-898-0642. Grass Finished beef, sausage, grass finished lamb, pasture raised poultry, pasture raised pork, pasture raised eggs; meat CSA. Note: you can find their meats in restaurants such as: The Blue Star, Nosh, La'au's Tacos, Till, Bristol Brewery, Meat Locker, Principal's Office, and Old School Bakery

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Contact Teresa Fischer at 303-648-3001 or buffburger@gmail.com. Grass-finished buffalo and beef; pastured pork (soy free). Grass-fed buffalo (hope to have some this fall). Grass-fed

beef. laying hens are raised on pasture and fed organic sprouted grains. Hogs raised on pasture and fed organic sprouted grains as well. Everything is GMO free.

Frost Livestock Company www.frost-livestock.com

Contact Brandt Dietz at 661-400-5876 Pastured soy-free eggs; 100% grass-fed/finished, no hormones/antibiotics, lamb and beef; produce (wide variety chemical-free produce). Updated 9/2016

Gusty Ridge Ranch <http://www.gustyridgeranch.com/>

Contact (719) 347-1581 or gustyridgeranch@gmail.com for 100% Grass-fed yak and lamb meat, and pasture-raised eggs. Updated 8/2016

Heritage Belle Farms www.HeritageBelleFarms.com Contact Katie Belle Miller at

970-310-0852 or HeritageBellefarms@gmail.com. Pastured, grassfed/grass finished heritage Certified Texas Longhorn beef, Navajo Churro lamb and bison. Pastured/free-range heritage pork and eggs. Organically-raised Aquaponic Tilapia and Navajo Churro wool.

High altitude organics www.highaltitudeorganics.com

Grass fed beef, lamb, goat. Corn and soy-free pork, whole and cut chickens, whole and cut turkey. Chicken and duck eggs when available. Non-gmo chicken and duck eggs when available.

James Ranch jamesranch.net

grass-finished beef, artisan raw cheese, raw milk, pork, and eggs. Located in Durango, CO.

Jersey Girls Farm www.jerseygirlsmilkshares.com

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Larga Vista Ranch www.largavistaranch.com

Contact Doug or Kim Wiley at 719-947-0982 or info@largavistaranch.com. 100% grass-fed raw milk through cow shares, cows are on green pasture nine months out of the year; pastured free-range pork and lard; grass-fed beef; sausages and hams; meat CSA; pastured soy-free eggs; organic produce in season.

Lasater's Grassland Beef www.lgbeef.com

Contact at 719-541-2855 or Lasater@rmi.net. Grass-finished beef. Available at local natural food stores.

Little Roman Farm www.littleromanfarm.com

Contact farmer@littleromanfarm.com or 541-829-1483. Meat: turkeys, chickens, quail, and lamb (limited to ½'s and wholes) *Finnsheep wool available seasonally. Eggs: chicken eggs,

duck eggs, and quail eggs. Beyond organic produce plus produce CSA. Resell organic non-soy GMO free chicken feed. Located in Fountain, CO *updated 8/2016

Miele Farms www.mielefarms.com

Located in Calhan; 100% grass fed beef and lamb; pasture raised pork; pasture raised, soy-free chicken and eggs. Updated 9/2016

Oswald Cattle Company www.backcountrybeef.com

Contact Steve or Nancy Oswald at 719-942-4361 or stephen_o@wildblue.net. Grass-finished beef. Also may contact local member Henry Watkin at watkin@msn.com to see about being included in his annual customized group purchase (slow chilled for tenderness).

Princess Beef www.princessbeef.com

Contact Ira or Cynthia Houseweart at 970-872-2144 or cynthranch@aol.com. Grass-finished beef delivered locally.

Pure Foods Colorado www.purefoodscolorado.com

Contact Brian and Katelynn Hall at 719-930-2627 or info@purefoodscolorado.com. 100% Grass-fed raw milk shares (A2A2), organic non-gmo fed raw goat milk shares. Pastured, grass finished beef. Organic, non-GMO, Corn, and soy free chicken feed. Updated 9/2016

Ranch Foods Direct www.ranchfoodsdirect.com

Contact at 719-473-2306 or Info@ranchfoodsdirect.com. Grass-fed, grain-finished beef; wide variety of other meats, cheeses, breads, and other products; sometimes carry chicken feet and bone broth. Retail store at 1228 East Fillmore Street, Colorado Springs, CO 80907 updated 8/2016

Sangre's Best- sangresbest.com

Contact at (719) 783-2222 or elin@sangresbest.com. Grass-finished beef. No added hormones or antibiotics.

Searle Ranch www.searleranch.com

Contact (719) 481-3735 or (719) 314-8294 for 100% grass fed, grass finished Certified Texas Longhorn lean beef.

Raised on native grasses in wide open spaces. Winter feed consists of grass and hay – with no antibiotics or growth hormones. Processed under USDA inspection. Quarters, halves, whole beef, premium 94-6 ground beef. Vacuum sealed Cryovac packaging for maximum freezer shelf life and quality. SearleRanch.com (click on Lean Beef).

*updated 8/2016

Tharros Acres www.tharrosacres.com

Contact Jordan Hedberg at jordan@tharrosacres.com. 100% grass-fed beef. 2540 Tibby Trail Westcliffe, CO 81252

Western Spirit Ranch www.wsrlc.com.

Contact Ed or Debbie Carpenter at 303-841-0648 or info@wsrlc.com. Grass-fed, prime grade, dry-aged, USDA inspected lamb and heritage Berkshire pork.

Wheelerfarm info@wheelerfarm.net. www.wheelerfarm.net

Offers organic, non-GMO produce, eggs, free range pork and pastured poultry. CSA

ORGANIC PRODUCE

Ahavah Farms <http://www.ahavahfarm.com>

Contact 719-233-7828 or ahavahfarm@yahoo.com or shop online. Products include: beyond organic chicken eggs, duck eggs, produce (CSA), alpaca wool, honey, and garden tea fertilizer spray.

Frost Livestock Company www.frost-livestock.com

Contact Brandt Dietz at 661-400-5876 Pastured soy-free eggs; 100% grass-fed/finished, no hormones/antibiotics, lamb and beef; produce (wide variety chemical-free produce). Updated 9/2016

Hobbs Family Farm www.farmdirectseed.com

A 30 acre irrigated farm located in Avondale, Pueblo County, Colorado which offers certified organic fresh produce available through Arkansas Valley Organic Growers (AVOG) and varietal garlic and open pollinated seeds through the website above and at select nurseries and garden centers in Colorado Springs. No on-farm sales. Updated 10/2016

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COMMUNITY SUPPORTED ACRICULTURE (CSA) PROGRAMS

Ahavah Farms <http://www.ahavahfarm.com>

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duck eggs, and quail eggs. Beyond organic produce plus produce CSA. Resell organic non-soy GMO free chicken feed. Located in Fountain, CO *updated 8/2016

Venetucci Farm www.ppcf.org/CSA

Contact Jamie Brown at 719-389-1251, ext. 101. Seasonal produce.

LOCAL FARMERS MARKETS

Colorado Farm & Art Market www.farmandartmarket.com

Organically grown produce always grown by the sellers themselves, and locally made foods and crafts.

Check www.coloradofarmers.org for an updated list.

CO-OP ORDERING AND GROUP BUYING

Azure Standard www.azurestandard.com

search “Monument & Northern Colorado Springs Azure Standard” on facebook

Hunt & Gather huntandgatherfoods.com

Contact them at huntandgathercolorado@gmail.com or call at 1-719-321-1571

Hunt or Gather www.ppcf.org/hunt-or-gather-2/

Retail store/buying club located at 1604 S. Cascade Ave. Contact at 719-246-3801 or huntorgatherivypwild@gmail.com. Offers seasonal local produce, meats, cheeses, jams, honey.

Mountain Rose Herbs www.mountainroseherbs.com

Bulk organic herbs and spices.

Oasis Natural Foods Contact Cathy Goodspeed at 719-574-4902 or OasisNaturalFoods@q.com.

Frontier, Golden Organics, Celtic sea salt, bulk grains, local honey, and much more.

Prarie Haven Farm Contact Dawn Shelstad at 719-683-7683 or dshelstada@gmail.com.

Frontier Natural Products Colorado Springs Co-op (<http://www.frontiercoop.com>). Facilitates a group order for Ball Canning Jars and Accessories for dairies and home preserving throughout the state of Colorado. Group orders for Maple Syrup produced on 3rd generation family farm in Wisconsin. Beyond organic growing and producing practices. President of Wisconsin Maple Syrup Council. Updated 9/2016

Taste of Life Natural Market and Prepared Meals www.staffoflife.biz

Contact Donna at 719-487-2858. Azure Standard, bulk grains, bulk seasonal fruit. (Note: Prepared meals do not line up with WAPF ideals but are a great “more natural” alternative to other prepared meal concept stores.)

GARDENING RESOURCES

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Living Soil Systems- bringing life back to your soil

Contact Jon Ramirez at 719-229-6872 or onerelaibleman@yahoo.com for garden consultation including the construction of new or existing garden space. Natural farming techniques specializing in re-mineralizing base soil substrate, utilizing soil microorganisms (soil food web) to build beyond organic gardens.

Don's Garden Shop

Good Earth

Manitou PPLD Seed Library

Phelan Gardens

Pike's Peak Urban Gardens

Rick's Garden Center

Summerland Gardens

Colorado Springs Plants & Seeds Exchange

(<https://www.facebook.com/groups/886570401353300/>)

SPECIALTY ITEMS

Bread

Sourdough boulangerie www.facebook.com/The-Sourdough-Boulangerie-587729041318234

Local bakery offers organic, homemade sourdough bread and other great varieties. Located at 2901 N El Paso St, Colorado Springs. Ranch Foods Direct carries their products.

Honey

Ahavah Farms www.ahavahfarm.com

Contact 719-233-7828 or ahavahfarm@yahoo.com or shop online. Products include: beyond organic chicken eggs, duck eggs, produce (CSA), alpaca wool, honey, and garden tea fertilizer spray.

Jonathan/Linda Geurin 719-599-0832

Local Raw Honey: garden flower honey, strained, unheated, w/pollen. [Use natural essential oils for any treatments for bees.] or **Raw Orange Blossom Honey** [from Florida - bought in large container]: strained, unheated, w/pollen.

Schmidt Apiaries www.schmidtapiaries.com

Local raw unfiltered honey. Availability listed on website, and also available at Monument & Northern Colorado Springs Azure Standard drop point.

Kefir Grains

-Ask local Weston A Price Foundation members or Chapter leaders.

Kombucha Mushrooms “SCOBYS”

-Ask local Weston A Price Foundation members or Chapter leaders.

Skin Care

Vintage Tradition www.vintagetradition.com Locally made body balm (contains local grassfed tallow).

Soap

Contact Jenna at 719-494-7522. www.WoodlandNaturalSoap.com Local goat milk soaps (bar and liquid).

Wine

Sette Dolori Winery www.settedolori.com

Timothy Biolchini at 719-761-0497 or tbiolchini@SetteDolori.com. Local organic wine with no sulfites added. (Black Forest) *updated 8/2016

MISCELLANEOUS (NOT LOCAL)

Soap Nuts

-Contact Beth Forrest at 719-209-2771 or sales@mynaturalelements.com.

www.mynaturalelements.com Soap nuts are a completely natural alternative to laundry detergent at a competitive price.

Stoneware

-Contact Maria Atwood (Eastern Plains of Colorado Chapter Leader) through her website, **www.traditionalcook.com**. Weston A Price Foundation approved stoneware; teaching video on fermentation.

Young “Green” Coconuts & Seaweeds

-Asian Pacific Market at 615 Wooten Road; 719-573-7500 or asianpacificmarket@gmail.com.